



Children's Hospices Across Scotland



## Home Support Volunteer

This team of trained volunteers, is led by CHAS Home Support Leads. There are two Home Support Leads, one for the West of Scotland, and one for the East of Scotland.

### What is Home Support?

We recognise that families using CHAS often have many demands on their time, and can face periods with additional challenges. 'Everyday' household tasks can begin to feel overwhelming.

Home Support Volunteers visit families in their own homes to help with these tasks. The volunteers bring their own wealth of skills, and undergo training before starting this role.

### What Tasks Can You Be Supported With?

The type of support will vary for each family, however they often include:

- Housekeeping – hoovering, ironing, changing beds, general tidying
- Practical Sibling Support - collecting siblings from school/clubs within walking distance of their home, assisting with homework, spending time with siblings/play
- Some volunteers may be able to assist with Meal Preparation - batch cooking or supporting families to cook
- Other - gardening, dog-walking

Home Support is subject to volunteer availability, for more information please contact either HSV Leads

Home Support Lead (East) – Jack Daniels

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Home Support Lead (West) – Emma Steel

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